

Fall 2017 & Winter 2018 Pool Schedule

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday						
Lap	Leisure	Lap	Leisure	Lap	Leisure	Lap	Leisure	Lap	Leisure	Lap	Leisure	Lap	Leisure					
5:50	Rentals Available Until 10:00am	5:30-9:00am Lane Swim (6 lanes)		5:30-6:15am (6 lanes)		5:30-8:00am (6 lanes)		5:30-6:15am (6 lanes)		5:30-6:15am (6 lanes)		Rentals Available Until 7:45am	Rentals Available Until 10:00am					
6:00				6:15-8:30am Swim Club (2 lanes)				6:15-8:30am Swim Club (2 lanes)		6:15-8:30am Swim Club (2 lanes)								
6:30				8:00-9:00am Masters Swim (3)				8:30-10:00am Tot Swim		8:30-10:00am Tot Swim				8:30-10:00am Tot Swim				
7:00		9:00-9:45am HIIT (2 lanes)	8:30-10:00am Tot Swim	8:30-10:00am Tot Swim	8:30-10:00am Tot Swim	8:30-10:00am Tot Swim	8:30-10:00am Tot Swim	9:00-9:45am HIIT (2 lanes)	8:30-10:00am Tot Swim									
7:30		10:00am-1:30pm Lessons & Length Swim (3 lanes)	10:00am-12:00pm Everyone Welcome Swim (?? Lanes)	10:00am-3:45pm Everyone Welcome Swim	10:00am-12:00pm School Swim (2 lanes)						10:00am-12:00pm Everyone Welcome Swim (3 lanes)			10:00am-6:00pm Everyone Welcome Swim	10:00-11:00am Masters Swim (3)	10:00-11:30am Lessons		
8:00					11:30am-1:30pm Adapted Swim	12:00-12:45pm Aquafit (1 lane)	When there are no bookings - Everyone Welcome Swim (3 lanes)								10:00am-12:30pm Lessons (3 lanes)	11:30am-1:30pm Family Swim		
8:30					1:30-6:00pm Everyone Welcome Swim (1 lane)	1:00-3:45pm Everyone Welcome Swim (2 lanes)	12:00-1:00pm (6 lanes)	12:00-3:45pm School Swim & Everyone Welcome Swim	12:00-12:45pm Aquafit (1 lane)	12:00-3:45pm School Swim & Everyone Welcome Swim					12:00-1:00pm (6 lanes)		12:00-3:45pm School Swim & Everyone Welcome Swim	12:00-12:45pm Aquafit (1 lane)
9:00		1:00-1:45pm Aquafit (1 lane)	1:00-3:45pm School Swim & Everyone Welcome Swim	1:00-1:45pm Aquafit (1 lane)			12:00-3:45pm School Swim & Everyone Welcome Swim		1:00-3:45pm Everyone Welcome Swim (2 lanes)									
9:30		1:45-3:45pm Everyone Welcome Swim (2 lanes)	12:00-3:45pm School Swim & Everyone Welcome Swim	1:45-3:45pm Everyone Welcome Swim (2 lanes)			12:00-3:45pm School Swim & Everyone Welcome Swim		1:00-3:45pm Everyone Welcome Swim (2 lanes)									
10:00	4:30-6:00pm (2 lanes upon request)	3:45-6:00pm Swim Club & Lessons No Lanes										1:30-5:00pm Everyone Welcome Swim (1 lane)	1:30-8:00pm Everyone Welcome Swim					
10:30		Rentals Available After 6:00pm	6:00-7:30pm Everyone Welcome Swim (3 lanes)	6:00-8:15pm Everyone Welcome Swim	6:00-7:30pm Everyone Welcome Swim (3 lanes)	6:00-8:15pm Everyone Welcome Swim	6:00-7:30pm Everyone Welcome Swim (3 lanes)	6:00-8:15pm Everyone Welcome Swim	6:00-7:30pm Everyone Welcome Swim (3 lanes)	6:00-8:15pm Everyone Welcome Swim	6:00-8:00pm Friday Night Fun Night			5:00-8:00pm (2 lanes) Upon request)				
11:00			7:30-8:15pm Aqua Zumba	7:30-8:15pm Welcome Swim	7:30-8:15pm Aquafit	7:30-8:15pm Welcome Swim	7:30-8:15pm Masters Swim	7:30-8:15pm Aquafit	7:30-8:15pm Welcome Swim	7:30-8:15pm Aquafit	7:30-8:15pm Welcome Swim			Rentals Available After 8:00pm				
11:30	8:15-9:00pm Toonie Swim (3 lanes)																	
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