

MEDIA RELEASE

City of Williams Lake



For Immediate Release

November 28th, 2019

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Extended Pool Hours

From now until the New Year, the West Fraser Aquatic Centre will increase hours for public swimming on weekends. Starting November 30th take advantage of our Everyone Welcome Swims commencing at 10:00 am each Saturday and Sunday. As the days are getting colder and mornings are chilly, these extended hours will be a great opportunity to get out and stay active with your family, friends or by yourself.

Enjoy the benefits of a low impact, high resistance workout by walking the lazy river while children play in the jets and carwash, or perfect your stroke in the lap pool. Get a good morning workout in the Fitness Centre while your children play in the pool and finish up in the hot tub, sauna, or steam room.

We have additional events to keep everyone busy over the holiday season.

- Free Skate Sunday, December 1st, 1:45 – 3:15 pm, generously sponsored by Johnston Meier Insurance Agencies Group.
- Free Skate with Santa, Sunday, December 8th from 1:45 – 3:15 pm, generously sponsored by Dana Lynn Favel at REMAX and the Downtown Williams Lake Winter Lights Festival. Donations to the Food Bank will be collected at this event.
- Elf on Shelf, Ernie the Holiday Elf will be hiding in a new place each day in the Cariboo Memorial Recreation Complex from December 1st – 24th. Find Ernie and enter a draw to win free drop-in passes to the Complex.

Keep fit and have fun at the Recreation Complex this Holiday Season.

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For more information, contact:

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