

Rec & Roll

January 2020

**Rec & Roll Cell
Number
250-305-8324**

**Any questions, comments or
concerns please don't hesitate to
speak to me. Thanks Malinda and
R&R staff**

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

			1 Happy New Year!	2	3	4
5 	6 Welcome Back! Rice Cakes, Jam & Cream Cheese Centers	7 Apples & Yogurt Dip Gym / Baking	8 Veggie, Cheese & Meat Kabobs Centers	9 Pretzels & Salsa Gym/Sledding	10 Baking & Fruit Board Games	11
12 	13 Cinnamon Toast Centers	14 Yogurt Parfaits Gym / Baking	15 Fruit Salad Centers	16 Meat & Cheese Wraps Gym/Sledding	17 Baking & Fruit Bowling P/U at the Bowling Alley	18
19 	20 Graham Crackers, Yogurt & Apple Sauce Centers	21 Fruit & Cheese Plate Gym / Baking	22 Cinnamon Toast Centers	23 Veggies, Dip & Crackers Gym/Sledding	24 Baking & Fruit Board Games	25
26 	27 Meat, Cheese, Crackers & Pickles Centers	28 January Birthday Snack! Gym / Baking	29 Yogurt Parfaits Centers	30 Rice Cakes, Jam & Cream Cheese Gym/Sledding	31 Baking & Fruit Movie Day	